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January 29th 2022: Blessing In Disguise With Keith Langford

Keith Langford, AKA Freeze, is an American professional basketball player who last played for AEK Athens of the Greek Basket League and the Basketball Champions League. Standing at 6' 4" (1.93 m), he primarily plays at the shooting guard position. He played college basketball at the University of Kansas. Langford was an All-EuroLeague First Team selection in 2014 and won the Alphonso Ford EuroLeague Top Scorer Trophy twice. His experience playing overseas has inspired him to work on the International Basketball Transition program which facilitates a lot of the issues that basketball pla

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Featured Guest

Keith Langford

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